



Materials : Oddments of any colour in double knitting yarn. Small amount of **toy stuffing**. 3mm single point needles.

The finished heart is approximately 6.5cm high.

Abbreviations : k – knit. p – purl. st – stitch. tog-together. st-st – Stocking Stitch (k1row, p1row). inc – increase. Knit into the front and the back of the stitch

Heart – Make 1 per heart

With your chosen colour, cast on 2 sts

Purl 1 row

Next: increase into all stitches (4 sts)

Purl 1 row

Next: increase into all stitches (8 sts)

Purl 1 row

Next: inc1, k2, (inc1) twice, k2, inc1 (12 sts)

Purl 1 row

Next: inc1, k4, (inc1) twice, k4, inc1 (16 sts)

Purl 1 row

Next: inc1, k6, (inc1) twice, k6, inc1 (20 sts)

Purl 1 row

Next: inc1, k8, (inc1) twice, k8, inc1 (24 sts)

Purl 1 row

Next: inc1, k10, (inc1) twice, k10, inc1 (28 sts)

Purl 1 row

Next: inc1, k12, (inc1) twice, k12, inc1 (32 sts)

Starting with a purl row, st-st 4 rows

Purl 16 sts and turn. Work with these stitches only

Next: (k1, k2tog) to last stitch, k1 (11 sts)

Purl 1 row

Next: k2tog to last stitch, k1 (6 sts)

Draw thread through the remaining stitches and pull tight

Reattach yarn to the remaining 16 sts and purl to end

Next: (k1, k2tog) to last stitch, k1 (11 sts)

Purl 1 row

Next: k2tog to last stitch, k1 (6 sts)

Draw thread through the remaining stitches and pull tight

Sew down the row ends of the heart – seam will be at the back. Fold into a heart shape at the top and sew around the edges. Add a little toy stuffing before sealing up.